

# Ernährungsunsicherheit während der COVID-19-Pandemie unter Tafel-Kund\*innen

Anja Simmet, Andreas Bschaten, Jasmin Ketel, Nanette Ströbele-Benschop

## Literatur

1. Tafel Deutschland: Zahlen und Fakten 2020; [www.tafel.de/fileadmin/media/2020-09-16\\_Zahlen\\_und\\_Fakten.pdf](http://www.tafel.de/fileadmin/media/2020-09-16_Zahlen_und_Fakten.pdf) (last accessed on 9 November 2020).
2. Depa J, Gyngell F, Müller A, Eleraky L, Hilzendege C, Stroebel-Benschop N: Prevalence of food insecurity among food bank users in Germany and its association with population characteristics. *Prev Med Rep* 2018; 9: 96–101.
3. Depa J, Hilzendege C, Tinnemann P, Stroebel-Benschop N: An explorative cross-sectional study examining self-reported health and nutritional status of disadvantaged people using food banks in Germany. *Int J Equity Health* 2015; 14: 141.
4. Simmet A, Tinnemann P, Stroebel-Benschop N: The German food bank system and its users – a cross-sectional study. *Int J Environ Res Public Health* 2018; 15(7): 1485.
5. Anderson SA: Core indicators of nutritional state for difficult-to-sample populations. *J Nutr* 1990; 120 Suppl 11: 1559–600.
6. Radimer KL, Olson CM, Campbell CC: Development of indicators to assess hunger. *J Nutr* 1990; 120 Suppl 11: 1544–8.
7. Bickel G, Nord M, Price C, Hamilton W, Cook J: *Guide to measuring household food security*. Revised 2000. Alexandria VA: U.S. Department of Agriculture, Food and Nutrition Service 2000.
8. Hanson KL, Connor LM: Food insecurity and dietary quality in US adults and children: a systematic review. *Am J Clin Nutr* 2014; 100: 684–92.
9. Johnson CM, Sharkey JR, Lackey MJ, et al.: Relationship of food insecurity to women's dietary outcomes: a systematic review. *Nutr Rev* 2018; 76: 910–28.
10. Gundersen C, Ziliak JP: Food insecurity and health outcomes. *Health Aff (Millwood)* 2015; 34: 1830–9.
11. Cain KS, Meyer SC, Cummer E, et al.: Association of food Insecurity with mental health outcomes in parents and children. *Acad Pediatr* 2022; 22: 1105–14.
12. Wissenschaftlicher Beirat für Agrarpolitik, Ernährung und gesundheitlichen Verbraucherschutz (WBAE) beim Bundesministerium für Ernährung und Landwirtschaft: *Ernährungsarmut unter Pandemiebedingungen*. Stellungnahme. Berlin: WBAE 2023.
13. Simmet A, Stroebel-Benschop N: Food bank operations during the COVID-19 Pandemic in Germany. *J Hunger Environ Nutr* 2021; 18(3): 1–16.
14. Tinnemann P, Pastätter R, Willich SN, Stroebel N: Healthy action against poverty: a descriptive analysis of food redistribution charity clients in Berlin, Germany. *Eur J Public Health* 2012; 22: 721–6.
15. Gößwald A, Lange M, Kamtsiuris P, Kurth B-M: [DEGS: German Health Interview and Examination Survey for Adults. A nationwide cross-sectional and longitudinal study within the framework of health monitoring conducted by the Robert Koch Institute]. *Bundesgesundheitsblatt Gesundheitsforschung Gesundheitsschutz* 2012; 55: 775–80.
16. Gustafson A, Hankins S, Jilcott S: Measures of the consumer food store environment: a systematic review of the evidence 2000–2011. *J Community Health* 2012; 37: 897–911.
17. Dalgard OS, Bjørk S, Tambs K: Social support, negative life events and mental health. *Br J Psychiatry* 1995; 166: 29–34.
18. Meltzer H: Development of a common instrument for mental health. In: Nosikov A, Gudex C (eds.): *EUROHIS: Developing common Instruments for Health Surveys*. Amsterdam: IOS Press 2003.
19. Bøen H, Dalgard OS, Bjertness E: The importance of social support in the associations between psychological distress and somatic health problems and socio-economic factors among older adults living at home: a cross sectional study. *BMC Geriatr* 2012; 12: 27.
20. Kocalevent R-D, Berg L, Beutel ME et al.: Social support in the general population: standardization of the Oslo Social Support Scale (OSSS-3). *BMC Psychol* 2018; 6: 31.
21. Ballard TJ, Kepple AW, Cafiero C: *The Food Insecurity Experience Scale: developing a global standard for monitoring hunger worldwide*. Rome: FAO 2013.
22. Fisher RA: *Statistical methods for research workers*. In: Kotz S, Johnson NL (eds.): *Breakthroughs in statistics: Methodology and distribution*. New York, NY: Springer 1992, 66–70.
23. Duller C: *Unabhängigkeit und Korrelation*. In: Duller C (ed.): *Einführung in die nichtparametrische Statistik mit SAS, R und SPSS: Ein anwendungsorientiertes Lehr- und Arbeitsbuch*. Berlin, Heidelberg: Springer 2018, 107–45.
24. Hosmer: *Applied logistic regression*. 3rd ed., Hoboken, New Jersey: Wiley 2013.
25. Bursac Z, Gauss CH, Williams DK, Hosmer DW: Purposeful selection of variables in logistic regression. *Source Code Biol Med* 2008; 3: 17.
26. Thünen-Institut für Ländliche Räume: *Thünen Landatlas*. 2020. <https://karten.landatlas.de/> (last accessed on 2 February 2024).
27. Nord M: *A 30-day food security scale for current population survey food security supplement data*. Economic Research Service 2002.
28. Coleman-Jensen A, Rabbitt MP, Gregory CA, Singh A: *Household food security in the United States in 2021*. U.S. Department of Agriculture, Economic Research Service 2022 Sep. (ERR-309).
29. Lee JW, Shin WK, Kim Y: Impact of sex and marital status on the prevalence of perceived depression in association with food insecurity. *PLoS ONE* 2020; 15: e0234105.

30. Chai L: *Food insecurity and health: marital status and gender variations.* *Fam Community Health* 2023; 46: 242–9.
31. Ashe KM, Lapane KL: *Food insecurity and obesity: exploring the role of social support.* *J Womens Health* 2018; 27(5): 651–8.
32. Sharifi N, Dolatian M, Mahmoodi Z, Abadi FMN, Mehrabi Y: *The relationship between social support and food insecurity in pregnant women: a cross-sectional study.* *J Clin Diagn Res* 2017; 11(11): IC01–IC06.
33. Interlenghi G dos S, Salles-Costa R: *Inverse association between social support and household food insecurity in a metropolitan area of Rio de Janeiro, Brazil.* *Public Health Nutr* 2015; 18: 2925–33.
34. Borgmann LS, Rattay P, Lampert T: *Soziale Unterstützung als Ressource für Gesundheit in Deutschland.* *J Health Monit* 2017; 2(4).
35. Thoits PA: *Mechanisms linking social ties and support to physical and mental health.* *J Health Soc Behav* 2011; 52: 145–61.